

# City CONNECTION

January 27, 2016

A Weekly Publication for City of Phoenix Employees

## Early reminder: Prostate On-site Project returns for city workers & spouses

The Prostate On-site Project (POP) unit returns to provide convenient on-site prostate cancer screenings. Screenings are performed by a medical doctor who specializes in the field. The prostate exams are free for city employees at least 40 years old and for younger men with prostate cancer in the family. You must present your city ID at the time of your appointment for free services. **Details:**

- Tuesday, March 8, 7:30 a.m. – 1:30 p.m. (Adams St. between Second and Third Avenue)
- Wednesday, March 9, 7:30 a.m. – 1:30 p.m. (2515 E. Buckeye Rd.)
- To schedule an appointment call 480-964-3013.

## Mondays mean it is time to Meet Me Downtown

City employees are encouraged to join the community for some free, fun exercise at the FitPHX Meet Me Downtown (MMDT) walk/run. More than 11,000 participants, including many city employees, have enjoyed the first 64 weeks of MMDT. The 5K walk/run route passes downtown businesses, restaurants and landmarks. **Details:**

- Every Monday night
- Starts between 5:15 - 6 p.m.
- Meet at The Corner Restaurant at CityScape Phoenix
- More information at [meetmedowntownphx.com](http://meetmedowntownphx.com)



City employees from November 2015 MMDT event.



Municipal Court employee Ester Acero, left, one of three participants who has shown up to all 64 Meet Up events to achieve perfect attendance.

Monday, Feb. 1 features fun activities at three downtown parks, including live Music Monday at Hance Park. Bring your family and co-workers!

## Still crazy about the Cardinals

City workers went bonkers last week in support of the Arizona Cardinals' attempts to reach the Super Bowl. While last weekend's outcome wasn't what most wanted, we are still proud of our home team and are already looking forward to next season. Here's how some departments showed their team spirit.



Parks & Recreation

Public Works



## Chinese Week is almost here

The 26<sup>th</sup> annual Chinese Culture and Cuisine Festival will be next month at Margaret T. Hance Park (East).

- Friday, Feb. 12: 9 a.m. – 3 p.m.
- Saturday, Feb. 13: 10 a.m. – 5 p.m.
- Sunday, Feb. 14: 10 a.m. – 4 p.m.

The festival features live entertainment including dragon and lion dances, martial arts demonstrations, folk and traditional dances, musical performances, mahjong booth, children's pavilion, Chinese culture and history booth, photo exhibit and art gallery, delicious Chinese food and a beer garden. For more information, visit [www.phoenixchineseweek.org](http://www.phoenixchineseweek.org) or call 480-352-3467.



## Give blood and you may win a gift card

If one of your new year's resolutions is to give, then this may be the perfect way. The city of Phoenix is holding another blood drive with United Blood Services. Everyone that makes an appointment online through [bloodhero.com](http://bloodhero.com) will be entered for a \$25 gift card at either Papa John's Pizza or any Darden Restaurant (Olive Garden, LongHorn Steakhouse, Bahama Breeze, Seasons 52, The Capital Grille, Eddie V's, Yard House or Red Lobster). **Details:**

- Monday & Tuesday, February 1 & 2
- 8 a.m. – 4 p.m.
- City Hall assembly rooms A & B
- Sign up using sponsor code **phxgov**
- For more information, call 602-495-5700

## Enjoying Phoenix's great outdoors

Hats off (and helmets on) to Lindsay Stotler, who took advantage of the great weather last weekend and went for a trail ride at the Reach 11 Recreation Area. Lindsay's mom, Cindy, is the city's Housing Director, and was with her daughter for the ride. When you take advantage of what the city has to offer, send us your pictures and we'll try to feature them in an upcoming issue of City Connection.



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